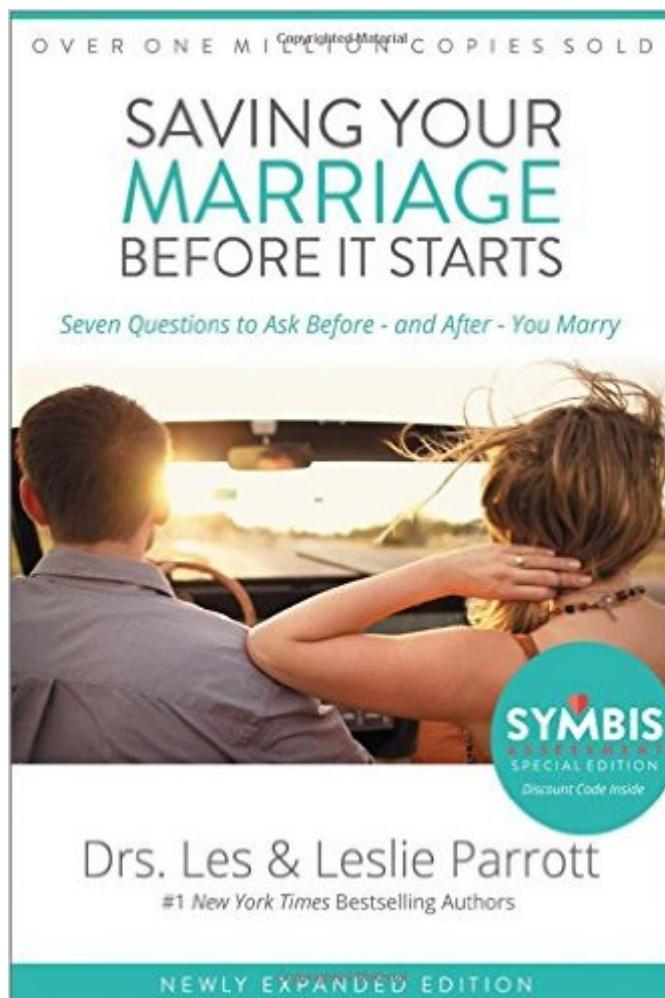


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# Saving Your Marriage Before It Starts: Seven Questions To Ask Before -- And After -- You Marry



## **Synopsis**

More than a million couples can't be wrong! And with this updated edition of their award-winning book, Drs. Les and Leslie Parrott help you launch lifelong love like never before. This is more than a book—it's an experience, especially when you use the his/her workbooks filled with more than 40 fun exercises. Get ready for deeper intimacy with the best friend you'll ever have. Saving Your Marriage Before It Starts, in more than 15 languages, is the most widely used marriage prep tool in the world. Uncover the misbeliefs of marriage Learn to communicate with instant understanding Discover the secret to resolving conflict Master the skills of money management Get your sex life off to a great start A compelling video, featuring real-life couples, is available, and with this updated edition Les and Leslie unveil the game-changing SYMBIS Assessment (see [www.SYMBISassessment.com](http://www.SYMBISassessment.com)). Now you can discover how to leverage your personalities for a love that last a lifetime. Make your marriage everything it is meant to be. Save your marriage "before (and after) it starts.

## **Book Information**

Hardcover: 208 pages

Publisher: Zondervan; New Exp edition (October 27, 2015)

Language: English

ISBN-10: 0310346282

ISBN-13: 978-0310346289

Product Dimensions: 6.4 x 0.8 x 9.2 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ See all reviewsÂ (266 customer reviews)

Best Sellers Rank: #6,346 in Books (See Top 100 in Books) #29 inÂ Books > Christian Books & Bibles > Christian Living > Family #44 inÂ Books > Christian Books & Bibles > Christian Living > Marriage #63 inÂ Books > Parenting & Relationships > Marriage & Adult Relationships

## **Customer Reviews**

As an Author, Coach, and Motivational Speaker I read a lot of books about people, their motivations, and their relationships. Saving Your Marriage Before It Starts is an honest, straight forward, and personal journey to a healthy marriage. It's an excellent relationship book and I give it an A+. The Parrott's share their personal relationship journey with all the challenges, confusion, and celebration that a relationship can bring. They ask and explore seven powerful questions and illustrate them with their experiences with each. They then provide practical solutions that you can implement to

help you create, improve, and enhance your marriage. The seven questions are: 1. Have you faced the myths of marriage with honesty? Happily ever after only comes with working on your marriage. 2. Can you identify your love style? We each give and receive love differently. Is your partner actually hearing the I Love You's you send their way? 3. Have you developed the habit of happiness? I loved their line about the right attitude in spite of atmospheric conditions. 4. Can you say what you mean and understand what you hear? Too many times we talk around the problem and then only hear our preconceived notions about the responses we receive. 5. Have you bridged the gender gap? Men and Women are different! If you don't get a clue about how and why you're in for a hard, hard time of it. 6. Do you know how to fight a good fight? Skip the theatrics, defensiveness, and low-blows. Conflict in a relationship is natural and you can deal with it positively by being honest and respectful with your mate. 7. Are you and your partner soulmates? "Tending to the spiritual dimension of marriage is what unites couples in unbreakable bonds." I recommend you get a copy of *Saving Your Marriage Before It Starts* whether you're single, engaged, or married. It will prepare you for a great relationship that lasts a lifetime.

Having counseled many couples in 20 years of pastoral ministry, I have read several books on marital, interpersonal relationships. The authors present sound principles that are easy for persons to understand and to apply. I had a few older favorites I would recommend to couples until reading this book -- now I have a new favorite to share instead! One of the unique, most admirable qualities of this work is that it is very helpful to persons regardless of their marital status. A single individual will find it helpful for insight during dating. A person who is engaged will find it helpful in identifying issues that are sure to arise within marriage. A newlywed will find it helpful in responding to the major adjustments of sharing his/her life with another person. A person who has been married for several years will find it helpful in understanding how a marriage deepens and grows over the course of time. I strongly recommend this book to anyone wanting to enhance the relationship with his/her "significant other." The Parrots also have video tapes available to use in a seminar or as part of pre-marital or post-marital counseling. This book is definitely one to own!

As a pastor of 25 years, I have used several books as part of a pre-marital counseling regimen. This is the best, by far! Not only do the Man's and Woman's Workbooks (I suggest ordering them with the book) make premarital counseling simpler, I have found that this book hits the nail on the head. Couples who went through the material in preparation for marriage thanked me after they were married, and they shared how valuable this material was in the daily grind of life. I first heard

the authors at a Moody Pastor's Conference in the late 1990's. It did not take me long to determine that I would check out their books. I have since concluded that Drs. Les and Leslie Parrott are exceptional in the realm of understanding human relationships. Although the book is written by a godly Christian couple, this is more of a relational book than a spiritual one, so I would not consider it a complete pre-marital regimen, but a good anchor book. Whether used in counseling or simply read by a couple in their own quest to prepare for marriage, this book is a gem. The Drs. Parrott seem to have a realistic (and well documented) grasp on the nature of marriage. This is practical, hands on material. The book is arranged around 7 questions: Have you faced the myths of marriage with honesty? Can you identify your love style? Have you developed the habit of happiness? Can you say what you mean and understand what you hear? Have you bridged the gender gap? Do you know how to fight a good fight? and Are you and your partner soul mates? Of course no couple entering marriage could honestly answer all those questions with a "yes." But the book provides a good start and helps couples begin to face reality and potential areas of growth. If a couple follows the exercises by purchasing the workbooks, (like identifying some of your own personal "commandments"--rules you live by that you picked up who knows where and expect your spouse to know and agree with), it could preclude many potential tensions later. This book could also be used as a marriage enrichment manual. Indeed, many couples (perhaps most) have probably failed to incorporate these solid principles. Indeed, several couples I counseled have identified this exercise as having made a significant difference in their marriages. To those of you considering marriage, go through this book together, and consider at least some of the exercises in the workbooks. To pastors and Christian counselors, I urge you to read this volume and consider using it!

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